

Kid Fit Tumbling returns to Lussi Rink

LAKE PLACID — Kid Fit Tumbling returns to the Lake Placid Olympic Center's Lussi Rink beginning Monday. During these weekly sessions, youngsters 18 months to 13 years of age will be introduced to tumbling and basic gymnastics skills. The goal of the program is to develop strength, flexibility and coordination while simultaneously building self-confidence.

The sessions will be held each Monday from April 23 through June 4 and are led by instructors Mary Heverly and Donna Walsh. Please note that Kid Fit Tumbling moves to Wednesday for the weeks of May 14 and 28.

Adults are asked to make reservations by calling the Olympic Center Box Office at 523-3330. Tiny Tots will be held at 10 a.m. for children 18 months to 2 years of age; Tots will be offered at 11 a.m. for kids 2 to 3½; Kinder Gym is for children 3½ to 5 years of age at 12:45 p.m. and 1:45 p.m.; Wiggle and Roll is scheduled at 4 p.m. for 5 to 8 year olds; Flips is presented for 9 to 13 year olds at 5 p.m.

Mother's Day project set in Schuyler Falls

SCHUYLER FALLS — The Town of Schuyler Falls Youth Commission is planning a Mother's Day craft project on May 5 at 1 p.m. at the Salmon River Recreation Park on Salmon River Road. Any interested children up to age 17 who reside in the Town of Schuyler Falls are welcome to join. Signing up is required; call the Town Hall at 563-1129 before May 1.